



**NORTHCOTE JUNIOR
FOOTBALL CLUB**

SUMMER TRAINING SESSIONS

with Elly Furlis



SUMMER TRAINING SESSIONS

Northcote Junior Football Club Summer Training Sessions are for U12 to U17 players.

2017 and new 2018 players welcome!

What: Summer Training Sessions

When: Commences 14 November 2017
(information & training night)
12 sessions

Time: Tuesday Evenings 4:45pm - 6pm

Where: McDonnell Park
Corner Wilmoth & Clifton Streets
Northcote

Register: Email info@njfc.com.au



Meet Elly Furlis

*Conditioning trainer for
Northcote Park Football Club*

"My passion for sport started at a young age as I started playing tennis when I was 4 years old. Have been an avid Collingwood supporter since I can remember and thoroughly enjoy watching competitive sport. Completed my Bachelors degree in Exercise and Sport Science at RMIT University. Currently working with the senior players at Northcote Park, running fitness classes at Bobby Dunnes Boxing Gym and training young athletes competing in various sports at Advanced Athletes Performance."